

Self-Realization Fellowship

Encinitas Temple

Regularly Scheduled Services and Events

(Please check EncinitasTemple.org for recent calendar changes)

Sunday	8:00 - 9:00 a.m.	Temple	Meditation
	9:30 - 10:30 a.m.	Temple & J St. Chapel	Inspirational Service (J St. Chapel by video only)
	9:30 - 10:30 a.m.	Temple	Sunday School
	9:30 - 10:30 a.m.	J St. Chapel	Teen Program
	11 - 12:00 p.m.	Temple & J St. Chapel	Inspirational Service (J St. Chapel by video only)
	4:00 - 5:30 p.m.	J St. Chapel	<i>SRF Lessons Study Group</i> and Meditation
Wednesday	6:40 - 6:55 p.m.	J St. Chapel	Group Energization Exercises
	7:00 - 9:00 p.m.	J St. Chapel	Meditation 2 nd & 4 th , Meditation with Kirtan 1 st , 3 rd and 5 th Wednesday
Thursday	7:00 - 8:00 p.m.	Temple	Inspirational Service & Prayer Circle (Satsanga on 3 rd Thursday)
Saturday	7:40 - 7:55 a.m.	Chapel Patio	Group Energization Exercises
	8:00 - 12:00 p.m.	J St. Chapel	4-hour Meditation with Kirtan, 1 st Saturday
	7:40 - 7:55 a.m.	Chapel Patio	Group Energization Exercises
	8:00 - 10:00 a.m.	J St. Chapel	Meditation (2 nd , 4 th and 5 th Saturday)
	8:30 - 9:00 a.m.	Temple	Meditation with a Minister on 3 rd Saturday (Prior to Day of Service)

12 - 4 p.m. Open Chapel for Individual Meditation is from Wednesday to Sunday only.

*Satsanga** means Fellowship with Truth. The Minister answers questions submitted on line at www.EncinitasTemple.org and in the foyer credenza.

Encinitas Temple, 939 Second Street, Telephone (760)436-7220, EncinitasTemple.org

J Street Chapel, 1105 Second Street (corner of Second Street and J Street)

Yogananda.org