

Self-Realization Fellowship

Encinitas Temple

Regularly Scheduled Services

(Please Check EncinitasTemple.org for recent calendar changes)

Sunday	8:00 - 9:00 a.m.	Temple	Meditation
	9:30 - 10:30 a.m.	Temple & J St.	Inspirational Service (J St. Chapel by Video only)
	9:30 - 10:30 a.m.	Temple	Sunday School
	9:30 - 10:30 a.m.	J St. Chapel	Teen Program
	11:00 - 12:00 p.m.	Temple & J St.	Inspirational Service (J St. Chapel by Video only)
	5:40 - 5:55 p.m.	J St. Chapel	Group Energization Exercises
	6:00 - 8:00 p.m.	J St. Chapel	Meditation
Wednesday	6:40 - 6:55 p.m.	J St. Chapel	Group Energization Exercises
	7:00 - 9:00 p.m.	J St. Chapel	Meditation 2 nd & 4 th Wednesday and Kirtan with Meditation 1 st , 3 rd , 5 th Wednesday
Thursday	7:00 - 8:00 p.m.	Temple	Inspirational Service & Prayer Circle, <i>Satsanga</i> on 3 rd Thursday ¹
Saturday	7:40 - 7:55 a.m.	J St. Chapel	Group Energization Exercises
	8:00 - 2:00 p.m.	J St. Chapel	6-Hour Meditation with Kirtan (1 st Saturday of the Month)
	7:40 - 7:55 a.m.	J St. Chapel	Group Energization Exercises
	8:00 - 12:00 p.m.	J St. Chapel	4-Hour Meditation with Kirtan (4 th Saturday of the Month)
	7:40 - 7:55 a.m.	J St. Chapel	Group Energization Exercises
	8:00 - 10:00 a.m.	J St. Chapel	Meditation on 2 nd , 5 th Saturday of the month
	5:40 - 5:55 p.m.	J St. Chapel	Group Energization Exercises
	6:00 - 8:00 p.m.	J St. Chapel	<i>SRF Lesson Study</i> and meditation

12 - 4 p.m. Open Chapel for Individual Meditation is from Tuesday to Sunday

¹*Satsanga* means Fellowship with Truth. The Minister answers questions submitted on line EncinitasTemple.org or in the Temple foyer credenzas.

Encinitas Temple, 939 Second Street, Telephone (760) 436-7220
J St. Chapel, 1105 Second Street (corner of 2nd Street and J Street)
Yogananda.org